

Report of the Trustees and Unaudited Financial Statements for the Year Ended 31 March 2019 for



Warwickshire Young Carers is supported by:









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Report of the Trustees for the Year Ended 31 March 2019

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2019. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTS

To advance, promote, encourage, and assist in the relief or alleviation of all kinds of mental and physical infirmity, sickness and disablement among Carers and those persons for whom they are caring.

OBJECTS

To advance education concerning caring among Carers and the public.

VISION

For all Carers in our area of operations to be recognised and valued such that all necessary services are put in place to assist them in their caring role.

MISSION

To deliver services that are valued by Carers, that assist Carers to carry out their caring role to the highest standard for as long as possible and that enable Carers to maintain a standard of life that is as close to that which they would have without that role.

AIMS

To support Carers in their caring role through the provision of a wide range of services including information, advice, training, emotional support and advocacy.

To empower Carers to continue caring for as long as they are able and wish to do so and support those whose caring role ceases or diminishes.

To empower Carers to participate in the development, management and evaluation of services available to them and to have a voice in shaping services that affect them and those for whom they care.

To reach out to Carers from marginalised or hard-to-reach groups and ensure their needs are recognised and met.

To develop awareness and enhance recognition of the role of Carers and their needs.

OBJECTIVES AND ACTIVITIES

Public Benefit Statement

The charitable purpose for Warwickshire Young Carers is enshrined in its objects:

- To advance, promote, encourage, and assist in the relief or alleviation of all kinds of mental and physical
 infirmity, sickness and disablement among Carers and those persons for whom they are caring.
- To advance education concerning caring among Carers and the public.

The Trustee Directors ensure that this purpose is carried out for the public benefit by working to the following vision

 To deliver services that are valued by Carers, that assist Carers to carry out their caring role to the highest standard for as long as possible and that enable Carers to maintain a standard of life that is as close to that which they would have without that role.

The following sections of the report illustrate and explain how activities in the year and plans for next year confirm that the Trustee Directors have had regard to the Charity Commission's guidance on public benefit.

Report of the Trustees for the Year Ended 31 March 2019

ACHIEVEMENT AND PERFORMANCE Charitable activities Warwickshire Young Carers -Core Service

Throughout the year there were 360 new referrals identified and by the year-end there were 2,411 young people between the ages of 6 and 25 identified as Young Carers and registered with the service.

We have continued to offer groups and variety of activities throughout the year designed to promote a safe and supportive environment, through sports and regular exercise, peer interaction, healthy food options and creative arts. There were 190 group sessions throughout the year with 4,332 attendances at the 11 fortnightly groups provided. This gave an average of 23 Young Carers at each session. In addition to groups we were able to provide 64 different activities throughout the year with 1,001 attendances. On average there were 400 individual young carers who benefitted from the groups and/or activities in each quarter throughout the year.

During the year there were 1,767 significant contacts with Young Carers recorded. This targeted work is delivered to the most vulnerable of our young carers. Of these contacts, 49.46% were face to face at specific one to one sessions and meetings. These face to face sessions, whilst only half of the overall contacts, represent approximately 1,000+ hours of targeted support, some 90+% of all targeted support delivered throughout the year. We supported several young carers with significant additional needs, of those we supported, at any point, we had on average:

- 60 young carers participating in an Early Help Single Assessment. An average of 3 to 4 where we were the lead agency at any one time.
- 43 young carers who were supported on a Child in Need (CIN) plan
- 26 young carers supported on a Child Protection plan

This represents an average total of 129 young carers, with significant needs, in receipt of targeted support from our service, and in partnership with other specialist professionals (social care, education, and health for example).

Some examples of the work we have been doing this year and the ways we have been able to help include the following:

Young carers enjoy good mental & physical health

An 11-year-old Male who was referred to us in April 2018 cares for his mum who struggles with her own mental health is on a Child Protection Plan following on going safeguarding concerns and mum's ability to cope. We completed Young Carers assessment within school after mum refused for us to come into the home. He has since attended a number of activities and groups and we have completed a few emergency one to ones following sudden difficulties with mum's health (one an attempted suicide); we have also completed a number of safeguarding concerns. He was regularly coming to group hungry and upset, worrying about his mum and the poor environment they lived in. After a while he was placed into foster care following his mum being evicted and presented as homeless. Initially he had weekly contact with mum but started becoming very anxious and contact was put on hold.

He attends our fortnightly group and is transported by us to and from. We have carried out several one to ones during and after groups to support him emotionally, and he has attended a number of activities too. We support and attend core groups, Looked After Child (LAC) reviews and conferences. We are working with other professionals to support him to re-introduce contact with his mum and transition to back living with mum when she is appropriately housed. He will continue receiving group and activity support from Warwickshire Young Carers. He will also continue to be offered one-to-one support as required; especially when he returns home.

Young carers are safe from harm

A 13-year-old Female who cares for her mum who has anxiety and depression; including concerns being in enclosed public places and using public transport; mum also suffers with a heart related illness. Has been caring for mum for the past 4 years and due to mums' anxieties of standing in the playground, she takes her younger brother to and from school, goes to the doctors for her to collect prescriptions. The impact of caring for mum and taking over the responsibilities of caring for her brother impacts on her greatly such that she doesn't get a lot of time to have a social life outside of school, this means she is at home a lot.

Report of the Trustees for the Year Ended 31 March 2019

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Our worker was made aware by a parent that historically the young carer had sent images and dialogue to unknown males on her phone. Project worker was asked by parents to do a one to one. Our worker met with her, and concerned she was vulnerable to sexual exploitation, sought advice from Multi Agency Safeguarding Hub (MASH) who forwarded the Child Sexual Exploitation (CSE) Multi Agency Assessment Framework for our worker to complete with her. An Early Help Single Assessment was opened. She is attending regular group sessions and she or mum can request one to one support if she is struggling. CSE support review is ongoing.

Young carers enjoy life & achieve

A secondary school in Bedworth had completed Bronze award in 2012, they recently had contact with the education development worker as a new member of staff had been assigned lead and they felt in the time since completing the award they were no longer doing enough to support young carers in school.

The new lead has drafted a young carers policy and given this to the board for approval, has weekly meetings with young carers and updates each of their plans as appropriate sharing with key staff members. These are all points which contribute to the award however the lead and Special Educational Needs Coordinator (SENCO) had an innovative and impactful idea to support young carers within school. On teacher training day a 'Marketplace' activity was put on by the SENCO with various stands about different types of needs and vulnerabilities. The Young Carer Lead had created a stand for young carers and had asked the young carers within the school for input as to what advice and information they would like given to teachers about how to support them. Teachers were able to find out more about young carers in their class and could speak to the Education Development Worker for young carers and school lead.

This is was a hugely beneficial exercise as it means young carers are on the radar of all school staff and teaching staff are better able to support them in achieving their educational goals as they are aware of potential presenting issues and also flexible arrangements that may need to be in place.

Young carers make a positive contribution

A 19-year-old Male cares for a sibling with Autism Spectrum Disorder (ASD) and mum who has fibromyalgia and anxiety. Complex issues within the family meant the young carer provides a lot of emotional support. Missing careers advice at school meant no careers support when leaving school resulting in Not in Education, Employment, or Training (NEET) status. Family strains and homelessness along with poor choice in relationships have compounded mental health issues. He has also, unexpectedly, become a parent at 19.

Some of the interventions we have provided include; providing support with job searches and applications, universal credit, housing benefit claims. We helped him access Functional Skills in Maths & English and access to a level 2 Motor Vehicle course at college. Supported him into appropriate housing when made homeless. Helped with aspects of independent living, including budgets for food when on universal credit and how to make healthy, filling meals on low income. Supported with bursary application for college. Applied for and obtained a grant to support with travel costs.

Young carers achieve economic wellbeing

A 7-year-old Female who cares for Mum who suffers with depression and anxiety and emotionally unstable personality disorder. Mum struggles daily with parenting tasks such as getting her daughter to school on time, routines and boundaries and creating a stable environment emotionally for her and her younger sibling. The family were initially involved in a Child in Need plan. Mum struggles to go out and so the children often miss out on social activities. The young carer was struggling with her own anger, and after discussion with mum, it was felt this might be down to not fully understanding mum's disabilities. Mum was also not accessing any support in her local community and with other parents about how they cope. This was pushing mum further and further into a cycle of shutting down and acting as a catalyst to declining mental health.

Child friendly books were lent to the family explaining mental health conditions. We provided a place on Positive Parenting - Managing Anger in The Family parenting course which our Family Support Worker delivered where mum can interact with other parents in similar situations. This also provided mum with a safe space to practice new tools and techniques to develop her parenting skills, especially when handling anger and emotions whilst giving her the chance to speak to the course facilitator about what other courses or support might be available. We also provided information on local support groups for mum and other local groups for the daughter.

Report of the Trustees for the Year Ended 31 March 2019

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Family has since downgraded to an Early Help Single Assessment from a Child in Need with the help of a supportive plan. Mum has had continued support from other services alongside Young Carers. This has helped Mum get to a place of stability where Mum now knows who she can call on for help should she need it without hitting crisis point.

Education Development in Schools

The Education Development work in schools is funded by the Henry Smith Charity and aims to;

- Raise awareness and understanding of Young Carers amongst staff and pupils.
- Help staff to identify and support young carers with their attendance, attainment and experience.
- Support schools in the development and implementation of their own Young Carers Policy which includes each school having a Young Carers Lead.
- Support schools in working towards the Young Carers Schools Award.

The Development Worker appointed to carry out this work has:

- Developments have been made to the school's award to create a version relevant to colleges as 3 have expressed an interest in completing the award.
- The Education Development Worker ensured that the 215 schools on our mailing list received a variety of resources for Young Carers Awareness Day including our Personal, Social and Health Education (PSHE) resources and Carers Trust resources. A countywide activity took place which 6 schools engaged with.
- The Education Development Worker delivered a PSHE lesson in one school to 150 year 8 students.
- We are engaging with 134 primary and 33 secondary schools via referrals, one to ones, assemblies, training and awards, we now have 3 college groups engaging.
- This year 41 assemblies were delivered across 19 schools.
- The Education Development Worker has attended 2 schools and 1 college to train 30 staff in Young Carer Awareness.
- Two new training packages have been designed and are being delivered at the office; Young Carer School Lead and Young Carer Awareness training. These have been attended by 8 staff from 7 schools, 2 staff from children's centres, 2 staff from 2 colleges and 3 school nurses.
- Schools with no or minimum contact with the service were sent a letter to outline the support that they
 could receive from the service which resulted in an increase in named lead contacts, and 3 schools booking
 onto training sessions.
- Display boards have been loaned to 9 schools to raise awareness of young carers at parents' evenings.
- There are 13 schools which run regular forums which staff attend when available. Of these, 2 have been newly established this year.
- There are school leads in 149 schools across Warwickshire.
- The review process is being adapted so that schools can identify where they are working at the next award level meaning it is easier to award schools. We have created a draft online review form to review all awards rather than just gold to ensure all awarded schools continue to meet the required standard.
- We have a pool of 11 young carer schools award assessors, 7 have previously assessed awards and 4 received our newly developed assessor training.
- The Senior School Improvement Advisor agreed to discuss our support with schools not engaging with us.
- We have featured in a county council bulletin sent to all schools explaining the support we can provide to schools.
- Due to demands on schools we have not met targets for award achievement, we developed a strategy to
 manage this. A matrix was created which maps everything each school does to support young carers
 against the award standards. We are now contacting schools with the level they are working at and
 highlighting the actions needed to complete an award. Since starting this contact with schools in May, 5 of
 the 27 schools contacted has sent in a completed award. The email also prompted one school to meet
 with the Education development worker discuss what they could do to meet the next award level.

Schools who have completed award this year;

- Self-Assessment: 2
- Bronze: 2
- Silver: 1
- Gold: 1

Report of the Trustees for the Year Ended 31 March 2019

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Schools continue to develop their own ways of raising awareness, some examples of these are given below:

Race Leys infants School hold a regular lunchtime picnic with their young carers and in one of these meetings it had been discussed that they would like a quiet space to go to in school when they might be struggling. The school identified that they had a space that could be transformed to create this and have involved the young carers in choosing what it should look like and the sort of furniture it should have. The school have also found a space outside that could be redesigned to create a similar quiet space outside and have again involved young carers in designing this. It is great that schools have been able to act upon suggestions raised by their young carers but also that they can take ownership and have input into the development of these things.

Ash Green School held a marketplace on their teacher training day which had stalls of information about different vulnerabilities/learning needs that students may have. Within this there was a young carers stand which identified the school's young carers and gave information and advice about how they can be supported, this had been done in consultation with young carers and included practical things that teachers could take away to use in their classrooms. This was a great way of raising awareness of young carers amongst staff and ensuring that teachers were familiar with young carers within their class. By consulting young carers about the stall, they were able to see that school were putting strategies in place to support them and give advice that was specifically helpful to them.

The young carers lead at Nicholas Chamberlaine School has started meeting termly with young carers to discuss their caring role and responsibilities in order to understand any issues that may be affecting them this is then shared with relevant members of staff. This is a brilliant way of keeping up to date with any support needs young carers may have.

Young Carers Family Support Project

Our Family Support Project is funded by a variety of Charitable Trusts including; Openwork- Care for Kids, Cemex, Masonic Charitable Foundation as well as a range of other smaller grant giving trusts. Through our community partnership with Mid-Counties Cooperative all their fundraising contributions have been directed to the Family Support Project.

Family support this year has been very busy with new referrals and activities for Young Carers. Family Support through advice, advocacy, signposting and one to one Family Support Meetings, Parenting Courses and support in multi-agency meetings have all contributed to us building on what we have and continuing to grow within our Family Support Project.

During this year we have had:

- o 32 New referrals for young carers aged 6 and 7.
- o 67 people (total number of people in families of young carers) have been able to access and benefit from our Family Support Project through advice, advocacy and signposting.
- o This means that this year, 277 people have benefitted directly or indirectly from our family support.
- o Every term, young carers are turning 8 years old and are being carefully transitioned up to the 8+ group with project workers and family support.
- o Family support have continued to play a part and support in Early Help, Child in Need (CIN), Child Protection (CP) and Multi agency meetings to meet the needs of Young Carers and families.
- o We have been able to offer food vouchers to families in need this year.
- o We were able to run the Care for the Family Managing Anger in the Family Course to parents again this year. Both courses were hugely successful and are due to be run again soon. The parents appreciated the fact that it was just for parents of young carers and felt that it was geared more towards understanding their needs as parents and carers. We hope to run further courses this year.
- o Young Carers this year have been pleased to have attended trips that include Trampolining, The Cinema, Bowling, pizza making, Frankie and Benny's, Pantomime, Ryton Organic Gardens, Conkers Activity Centre, Lego Discovery! We regularly consult with the young people about what sorts of activities they would like to do so that they can choose things that they would not have the opportunity to do, when with their families.
- o We also try to combine some of the activities with some of the younger over 8's to get those that are soon to be moving up, ready for transition.

Report of the Trustees for the Year Ended 31 March 2019

ACHIEVEMENT AND PERFORMANCE Charitable activities

o Our Library system continues to be a huge success with Children and Adults alike. We have a wide range of books, lots of which from the 'Sorted' booklist and many others that we thought would be suitable. Families can borrow the books and read at their leisure. The books help to explain different types of illness and disabilities in a child friendly and simplistic way. Often the books help the wider family too and have been useful for parents who struggle to find the right words to explain differences.

"My Family Support Worker has been thoughtful, helpful, caring, understanding and a positive influence on the family. She is the only one that actually understands me and helps me with what's going on. I can talk to her freely."

Time 4 US

The Transitions Coordinator has carried out 40 individual information, advice and guidance sessions during the year.

NEET young carers are supported with sourcing training or employment, and the Transitions Coordinator has provided transport to job interviews, college open days, course interviews, enrolment days and helped bursary applications and travel planning for work or college.

There has been a need to focus on housing as homelessness and risk of homelessness have been increasing issues for Young adult Carers in the reporting year. The Transitions Coordinator has supported one homeless Young Adult Carer into emergency accommodation and then in to supported accommodation. Four other Young Adult Carers at risk of homelessness have been supported to receive housing assessments through referrals to local housing charities.

A further emerging need in this year has been around mental health and emotional wellbeing, particularly for those over 18 who are not able to access children's services and do not necessarily know where to turn for help. The Transitions Coordinator has made a number of referrals to The Recovery and Wellbeing Academy for Young Adult Carers to access sessions to support with; Anxiety Management, Managing Emotions, Improving Confidence and self-esteem and Stress Management. Transport has also been provided so that these sessions can be accessed. To support work around mental health and wellbeing, the Transitions Coordinator has completed training on bereavement, self-harm, eating disorders and attachment.

Work with this group of Young Adult Carers led to a project to develop peer support for aged 16-18 Young Adult Carers as a means of preventing some of these issues and reducing social isolation once Young Adult Carers are not accessing school or college through the establishment of friendship groups. The Transitions Coordinator developed a project in partnership with Solihull Young Carers, YMCA Sutton Coldfield, Stratford College, Woodside College (Coleshill) and Solihull College. Young Adult Carer Ambassadors were recruited in all three colleges and given training to support them to develop a system of peer support in their college. It is hoped that this will continue year on year and be rolled out to other colleges across Warwickshire.

As a result of the work with Young Adult Carer Ambassadors, the Transitions Coordinator has worked with the Schools Development Worker to adapt the Schools Award for use by colleges and we expect Stratford College to achieve the Gold Award before September 2019. The Transitions Coordinator has also met with senior leaders from Warwickshire College Group who have expressed an interest in working toward the Bronze Award. As a result of this work, staff from Stratford College and Warwickshire College have attended our training for Carer Leads, and Young Carer Awareness Training was delivered to the learning mentor Team at North Warwickshire and South Leicestershire College. The Transitions Coordinator also delivered some awareness training to tutors and pastoral staff at Warwick University.

The need for staff to advocate for Young Adult Carers has become a more prominent factor during the year. Advocacy has been needed in a variety of situations ranging from simply fighting for a young carer to be enrolled on an appropriate level course for them, to speaking up for them with apprenticeship training providers who are not meeting their individual learning needs and acting as an advocate in Child Protection conferences for a new parent.

Report of the Trustees for the Year Ended 31 March 2019

ACHIEVEMENT AND PERFORMANCE Charitable activities Time 4 Us

Other Activity

- 11 young carers aged 14-18 attended a dedicated taster day at the University of Birmingham
- 12 young adult carers aged 16-18 attended a residential taster event for young carers at Bangor University.
 This provided an opportunity to experience being at a university away from their hometown.
- Transitions Coordinator had a stand at Freshers Fairs at Stratford College, NWHC Hinckley Campus, NWHC Nuneaton Campus.
- Young Adult Carers Festival & consultation attended by 35 Young Adult Carers.
- 4 Young Adult Carers took part in a housing focus group with the Learning & Work Institute & The Quaker Foundation.
- 1 Young Adult Carer attended the Young Carers in Education & Employment National Policy Forum in London with the Transitions Coordinator.
- Transitions Coordinator & 1 Project Worker took part in a Wellbeing Fair at Stratford Hospital.
- 18 groups have been run in North Warwickshire following on from the pilot last year. The groups have been visited by health professionals & wellbeing coaches as well as being an opportunity to gain cooking & independence skills.
- The Time 4 Us courses have continued in Partnership with the Dare2Dream Foundation.
- Partnership with Ruby's Yard has provided opportunities for volunteering & group activities.
- 9 Young Adult Carers attended a social evening where they also took part in interviews with the Learning
 & Work Institute on how they have been supported through the Time 4 Us project.
- 1 Post-16 information event for parents has been held as a pilot. It was well attended & the feedback was positive, so these will now be rolled out countywide.
- The Transitions Coordinator is part of the Future Talent Pipeline project with South Warwickshire Foundation Trust, Warwickshire County Council & local secondary schools.
- Warwickshire Young Carers has taken part in work with the Children's Society around Transition Assessments for Young Adult Carers.

In addition, the Transitions Coordinator has been a contributor to a pilot project with the Learning and Work Institute to develop an Independent Living Course for young adult carers. The Transitions Coordinator has written lessons and modules for the careers section of the course.

FINANCIAL REVIEW

Review of the Financial Position

Income for 2018/19 was £376,777 which is lower than the previous year (£466,627) due to time gap between two Lottery funded projects. This funding was renewed in summer 2019. Income was also supplemented through grants and donations for the Young Carers Family Support Service.

The organisation saw expenditure increase from £452,201 in 2017/18 to £462,338 in 2018/19. Next year Warwickshire County Council, The Lottery Community Fund, The Henry Smith Charity and significant donations will provide the majority of our income.

During the year our professional fundraiser worked very closely with the Chief Executive and others to actively prepare and submit grant submissions with success.

The balance of Restricted Funds at the year-end of £120,958 is ring-fenced towards future projects. The Balance Sheet and liquidity remain strong with total funds at £203,923 (2017/18 - £289,484) and is supported by cash and short-term deposits of £205,256 (2017/18 - £288,930).

However, the accounts show a deficit on Unrestricted Funds of £34,485 and a balance at the year-end of £82,965.

Non-specific fundraising of around £1k per week continues to be required to meet core costs of the current undertaking and, in addition to internal initiatives, a consultant professional fundraiser is now engaged in support of this demanding target. This professional fundraiser has raised three times their cost over the last year and has been a sound investment of charitable funds to increase our unrestricted funding and donations.

Report of the Trustees for the Year Ended 31 March 2019

FINANCIAL REVIEW Investment Policy

The charity receives income on an annual basis through grants, donations and interest receivable. It budgets to expend all anticipated income except for retaining a prudent amount in reserves. Consequently, the Trustee Directors do not consider that it is prudent to invest income for the longer term. Their policy for investment is therefore to retain funds as cash and place them on short term deposit (terms up to three months) with many financial institutions balancing the security of deposits with obtaining the best rates available and consistent with easy access to the funds. As a result, it considers that it is not appropriate for the charity to adopt an ethical investment policy.

Reserves Policy

The Board of Trustee Directors adopts a policy whereby the unrestricted funds, which are the free reserves of the charity, should be held at a level that would cover costs incurred in the event of closure, namely redundancy payments and contractual liabilities. The Trustee Directors can report the Charity currently holds two and half months of total running costs un unrestricted reserves. Restricted reserves total £120,938 with unrestricted reserves at £82,965 However, the Trustee Directors aspire for the Charity to return to a position of holding at least six months running costs as unrestricted funds and the movement in the unrestricted figures was due to timing of new projects commencing.

These figures are reviewed on a regular basis and any changes will be approved by the Board of Trustee Directors.

PLANS FOR THE FUTURE

Warwickshire County Council awarded us the contract for our core service until September 2022 after a tendering process which means we will be continuing to deliver our core young carers service across Warwickshire.

Our work in schools funded by the Henry Smith Charity will continue for a further two years. This will provide more schools with the opportunity to achieve the Warwickshire Young Carers School Award and to identify and support Young Carers with their education.

The successful work in both Primary and Secondary Schools is identifying more young carers wanting to use our service and we are closely monitoring our capacity and importantly the numbers of young carers currently attending the fortnightly term time groups. To respond to the increase already experienced we have employed additional sessional workers to keep within guidelines for staff /child ratios and continue to recruit volunteers to assist us.

It is vital that we continue and extend our work with Young Carers under the age of 8 and to provide courses to support parents. To this end the Trustees have continued with the appointment of a renowned consultant fundraiser who works with the Chief Executive to submit 30 funding applications a week to a range of small and larger charitable trusts. This has been successful in securing a large amount of funding over and above its cost

Report of the Trustees for the Year Ended 31 March 2019

PLANS FOR THE FUTURE - continued

We will be continuing our partnership with Mid Counties Cooperative. All their staff fundraising will be used to support our work with the under 8's. We are currently working with them towards a partnership legacy arrangement whereby they will work with us to deliver employments skills information sessions for young carers.

Future Me Future Proof funded by the Lottery Community Fund - is the further three years funding following on from the successful Time 4 Us project which ended in November 2018. This is starting Summer 2019 and is building on our work we have undertaken in the last three years.

The Future Me, Future Proof project aims to develop a number of initiatives to support Young Carers to successfully transition to adulthood. These plans include:

- Developing peer support in Secondary Schools.
- Recruiting Young Adult Carer Ambassadors in all Warwickshire Colleges.
- Working with partners to develop volunteering and work experience opportunities.
- Working with Warwickshire County Council to develop a Levy share to support apprenticeships for Young Carers.
- Working with colleges to support achievement of Bronze, Silver or Gold Young Carer Awards.
- Deliver Post-16 Choices workshops to parents in all districts.
- A skills building residential for 16-18 year old Young Adult Carers.
- A residential break for the over 18's in partnership with Credu Carers in Powys.
- Quarterly activities for Young Adult Carers aged 18-25.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Structure, Governance and Management

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Carers Support Service was incorporated by guarantee on 6th December 2002 at the Registrar of Companies for England & Wales. Subsequently the name has been changed with Companies House to Warwickshire Young Carers at 21st March 2018. It has no share capital and is a registered charity ultimately controlled by its members. The guarantee of each member is limited to £10. The governing document is the Memorandum and Articles of Association of the Company and members of the Board of Trustees are the Directors of the Company.

Recruitment and Appointment of Trustee Directors

At every Annual General Meeting, one third of the Trustee Directors who are subject to retirement by rotation shall retire from office. During the year, the Trustee Directors may appoint a person to be a Trustee Director. A Trustee Director so appointed may hold office only until the next following Annual General Meeting. A Trustee Director who retires at an Annual General Meeting may be reappointed.

Peter Blay, Harnaik Dhillon, and Helen Whiter all retire by rotation at the forthcoming AGM and, being eligible for re-election, offer themselves for re-election. During the year Andrew Foster stepped down from his role as trustee and we thank him for the contribution he made to the organisation. The Board currently comprises of ten Trustee Directors from a wide range of backgrounds, skills and experience. It is an aim that fifty per cent of Trustee Directors are current or former Carers. Currently there are seven Trustee Directors who are either current or former Carers.

Organisational structure

Warwickshire Young Carers has a Trustee Director Board which meets quarterly and is responsible for the strategic direction and policies of the organisation. The Chief Executive and the Consultant Finance Controller attend and participate in Board meetings but have no voting rights. The Chief Executive has responsibility for planning and developing services and strategies for Warwickshire Young Carers within the policies and protocols set down by the Trustee Directors. The Chief Executive ensures that the Staff Team is recruited and supported to provide the skills and expertise necessary to run a successful service for young carers and that the values of the service are observed.

Report of the Trustees for the Year Ended 31 March 2019

STRUCTURE, GOVERNANCE AND MANAGEMENT

Trustee Directors Induction and Training

Prospective new Trustee Directors are provided with copies of the Memorandum and Articles of Association and the current published Annual Report & Accounts. They are then invited to meet initially with the Chair.

This meeting covers: -

- The obligations of Trustee Directors
- Documentation that sets out the operational framework of the Charity including the Memorandum and Articles of Association
- The current financial position of the Charity as set out in the current published Accounts
- Future plans and objectives

Finally, a prospective Trustee Director is invited to attend a Board Meeting as an observer.

Trustee Directors are encouraged to take responsibility for activities, or sit on working groups, commensurate with their particular skills or interests and undertake appropriate training opportunities.

Risk management

The Trustee Directors have reviewed, during the year, an assessment of the risks to which the organisation is exposed and identified actions to manage and reduce any risks identified in a written Risk Assessment document.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

04610367 (England and Wales)

Registered Charity number

1098357

Registered office

Ryton Gardens Wolston Lane Ryton On Dunsmore Warwickshire CV8 3ES

Telephone

024 7621 7740

Email

info@warwickshireyoungcarers.co.uk

Website

www.warwickshireyoungcarers.org.uk

Social media



@WarksYC



Warwickshire Young Carers Project

Report of the Trustees for the Year Ended 31 March 2019

REFERENCE AND ADMINISTRATIVE DETAILS

Trustees

Mrs J E Bonser
Mrs M H Keddie
P C Blay
Mrs C Boylan
J G D Cain
H S Dhillon

C Chair
Vice-Chair
Trustee Director
Trustee Director
Trustee Director
Trustee Director

A M Foster Trustee Director - Resigned 27.11.18

Mrs S Kundi Trustee Director
Mrs G Loader Trustee Director
Mrs K Wagstaff Trustee Director
Mrs H J Whiter Trustee Director

Patron

Mrs Anna Trye

Company Secretary

Mrs D Bignell – Retired 09.07.19 Miss E Carter – Appointed 09.07.19

Independent examiner

Locke Williams Associates LLP Chartered Accountants Blackthorn House St Pauls Square Birmingham West Midlands B3 1RL

Senior Management

The Chief Executive has been delegated responsibility for the day to day management of the charity.

Principal Bankers

CAF Bank Ltd, West Malling, ME19 4JQ. Virgin Money plc, Newcastle upon Tyne, NE3 45PL Cambridge and Counties Bank, Leicester LE1 6TE

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 18 November 2019 and signed on its behalf by:

J. C. Borser Mrs J E Bonser - Trustee



Independent Examiner's Report to the Trustees of Warwickshire Young Carers (Registered number: 04610367)

Independent examiner's report to the trustees of Warwickshire Young Carers ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2019.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ACA FCCA which is one of the listed bodies

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

David Williams ACA FCCA Locke Williams Associates LLP Chartered Accountants Blackthorn House

St Pauls Square Birmingham

West Midlands

B3 1RL

18 November 2019



TRUSTED ACCOUNTING SOLUTIONS



Registered number: 0C350146 Registered in England and Wales. Katrina Williams FCA CTA TEP David Williams ACA FCCA Page 12

Blackthorn House, St Pauls Square Birmingham B3 1RLT: 0121 262 3980

Locke Williams Associates LLP

Statement of Financial Activities (Incorporating an Income and Expenditure Account) for the Year Ended 31 March 2019

INCOME AND ENDOWMENTS FROM	U Notes	Inrestricted funds £	Restricted funds	31.3.19 Total funds £	31.3.18 Total funds £
INCOME AND ENDOWMENTS FROM Donations and legacies	2	63,397	309,899	373,296	464,419
Investment income Other income	3	2,283 1,198	<u>:</u>	2,283 1,198	2,208
Total		66,878	309,899	376,777	466,627
EXPENDITURE ON Raising funds Charitable activities Charitable Activities		21,596 104,443	336,299	21,596 440,742	4,101 448,100
Total		126,039	336,299	462,338	452,201
NET INCOME/(EXPENDITURE)		(59,161)	(26,400)	(85,561)	14,426
Transfers between funds	12	_24,676	(24,676)		
Net movement in funds RECONCILIATION OF FUNDS		(34,485)	(51,076)	(85,561)	14,426
Total funds brought forward		117,450	172,034	289,484	275,058
TOTAL FUNDS CARRIED FORWARD		82,965	120,958	203,923	289,484

Balance Sheet At 31 March 2019

	Notes	Unrestricted funds	Restricted funds	31.3.19 Total funds £	31.3.18 Total funds £
CURRENT ASSETS Debtors Cash at bank and in hand	9	16,681 84,295	120,961	16,681 205,256	22,282 288,930
		100,976	120,961	221,937	311,212
CREDITORS Amounts falling due within one year	10	(18,014)	-	(18,014)	(21,728)
NET CURRENT ASSETS		82,962	120,961	203,923	289,484
TOTAL ASSETS LESS CURRENT LIABILITIES		82,962	120,961	203,923	289,484
NET ASSETS		<u>82,962</u>	120,961	203,923	289,484
FUNDS Unrestricted funds Restricted funds	12			82,962 120,961	117,450 172,034
TOTAL FUNDS				203,923	289,484

Balance Sheet - continued At 31 March 2019

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2019.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2019 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Board of Trustees on 18 November 2019 and were signed on its behalf by:

Janet Bonser

O. le Bonse

Chair

Notes to the Financial Statements for the Year Ended 31 March 2019

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Financial reporting standard 102 - reduced disclosure exemptions

The charity has taken advantage of the following disclosure exemption in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

the requirements of Section 7 Statement of Cash Flows.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably. The following specific policies are applied to specific categories of income:

- Voluntary income is received by way of donations and is included in full in the statement of financial activities when receivable.
- ii. Interest is included when receivable.
- iii. Incoming resources from grants and contracts which are related to performance and specific deliverables are accounted for as the charity earns the right to the consideration by its performance. Grant income received during the year that relates to a subsequent financial period is carried forward as a creditor in the balance sheet and shown as deferred grant income.
- iv. The value of services provided by volunteers has not been included.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Resources expended include attributable VAT which cannot be recovered.

Charitable expenditure comprises these costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature required to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examiner's fees and costs relating to the AGM and other meetings of the Trustee Directors.

All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource. Certain providers of funds restrict the nature of the expenditure which can be allocated to that restricted fund. Costs relating to a particular activity are allocated directly or are apportioned on the appropriate basis of usage or time spent.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Notes to the Financial Statements - continued for the Year Ended 31 March 2019

1. ACCOUNTING POLICIES - continued

Fund accounting

Unrestricted funds are available for use at the discretion of the Trustee Directors in furtherance of the charitable objectives of Warwickshire Young Carers.

Restricted funds are funds subject to specific restrictions imposed by donors. The purpose and use of the restricted funds is set out in the notes to the financial statements.

Designated funds comprise funds which have been set aside at the discretion of the Trustee Directors for specific purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Tangible fixed assets

Asset additions costing less than £1,500 are not capitalised. The charity has not purchased any assets costing in excess of £1,500.

Debtors and creditors receivable / payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the statement of financial activity on a straight-line basis over the period of the lease.

2. DONATIONS AND LEGACIES

	Donations Grants	31.3.19 £ 85,763 287,533 373,296	31.3.18 £ 54,898 409,521 464,419
	Grants received, included in the above, are as follows:	31.3.19 £	31.3.18 £ 10,164
	Big Lottery Fund - Caring to Succeed Henry Smith Big Lottery Fund - Time4Us Warwickshire County Council - Young Carers Other grants	43,500 74,029 170,004	42,300 146,996 170,261 39,800
3.	INVESTMENT INCOME	287,533	409,521
	Deposit account interest	31.3.19 £ <u>2,283</u>	31.3.18 £ <u>2,208</u>

Notes to the Financial Statements - continued for the Year Ended 31 March 2019

4. SUPPORT COSTS

	Office		Governance		
	premises	Insurance	Consultancy	costs	Totals
	£	£	£	£	£
Charitable Activities	<u>16,900</u>	<u>2,050</u>	<u>5,555</u>	2,856	27,361

In 2018/2019 most of the support costs can be directly allocated to the relevant projects. As a result, the support costs analysis does not include any costs relating to restricted funds.

Support costs are those costs that, whilst necessary to deliver an activity, do not themselves produce or constitute the output of the charitable activity. Support costs are the overheads of the charity.

Providers of restricted funds have specified the nature of the costs which can be charged to that fund and this prevents a full allocation of support costs to certain restricted funds.

Management salaries include administration salaries and are allocated on the basis of time spent. Premises and equipment, insurance, recruitment and training and other overheads are directly allocated. Communications are allocated on usage.

5. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.19	31.3.18
	£	£
Independent Examiners' fee	1,200	1,200

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2019 nor for the year ended 31 March 2018.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2019 nor for the year ended 31 March 2018.

Notes to the Financial Statements - continued for the Year Ended 31 March 2019

7. STAFF COSTS

	31.3.19	31.3.18
	£	£
Wages and salaries	287,751	274,576
Social security costs	22,009	20,985
Other pension costs	15,929	16,386
	325,689	311,947

No employees received emoluments in excess of £60,000.

Remuneration paid to key management personnel in the year was £44,697.

The average weekly number of employees during the year, calculated on the basis of full-time equivalents was 12 (2018 - 12)

The charity administers contributions to personal pension schemes for staff. The Charity makes contributions to these schemes.

From April 2016 the Charity has selected, for auto enrolment purposes, the Government's NEST Scheme for employees not in a pension scheme.

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM Donations and legacies	59,260	405,159	464,419
Investment income	2,208	s 	2,208
Total	61,468	405,159	466,627
EXPENDITURE ON Raising funds Charitable activities	3,582	519	4,101
Charitable Activities	117,741	330,359	448,100
Total	121,323	330,878	452,201
	-	*	
NET INCOME/(EXPENDITURE)	(59,855)	74,281	14,426
Transfers between funds	45,980	(45,980)	
		-	-
Net movement in funds	(13,875)	28,301	14,426

Notes to the Financial Statements - continued for the Year Ended 31 March 2019

8.	COMPARATIVES FOR THE STATEMENT OF FINA	Unrestricted funds	Restricted funds	Total funds
	RECONCILIATION OF FUNDS	£	£	£
	Total funds brought forward	131,325	143,733	275,058
	TOTAL FUNDS CARRIED FORWARD	117,450	172,034	289,484
9.	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE	YEAR		
			31.3.19 £	31.3.18 £
	Trade debtors Prepayments and accrued income		14,567 2,114	15,167 7,115
			16,681	22,282
10.	CREDITORS: AMOUNTS FALLING DUE WITHIN ON	IE YEAR		
	Trade creditors Social security and other taxes Accruals and deferred income		31.3.19 £ 5,922 6,274 _5,818	31.3.18 £ 9,194 5,947 _6,587
			18,014	21,728
11.	LEASING AGREEMENTS			
	Minimum lease payments under non-cancellable operate	ting leases fall due a	s follows:	
	Within one year Between one and five years		31.3.19 £ 695 _1,390	31.3.18 £ 695 _2,086
			2,085	2,781

Notes to the Financial Statements - continued for the Year Ended 31 March 2019

12. MOVEMENT IN FUNDS

Unrestricted funds	At 1.4.18 £	Net movement in funds £	Transfers between funds £	At 31.3.19 £
General fund	102,240	(55,178)	24,676	71 720
Donations	15,210	711	24,070	71,738
	_15,210	(3,986)	-	11,224
	117,450	(59,164)	24,676	82,962
Restricted funds				
Family Support	45,599	3,246	(1,993)	46,852
Henry Smith Charity	13,802	11,619	(8,230)	17,191
Big Lottery - Time 4 Us	43,355	(48,849)	5,494	-
Warwickshire County Council - Young		,	•	
Carers Service	69,278	7,587	_(19,947)	56,918
	172,034	(26,397)	(24,676)	120,961
TOTAL FUNDS	289,484	(85,561)		203,923

Net movement in funds, included in the above are as follows:

Unrestricted funds	Incoming resources £	Resources expended £	Movement in funds £
General fund	55,084	(110,262)	(55,178)
Donations	11,794	(15,780)	(3,986)
	66,878	(126,042)	(59,164)
Restricted funds			
Family Support	21,972	(18,726)	3,246
Henry Smith Charity	43,498	(31,879)	11,619
Big Lottery - Time 4 Us	74,027	(122,876)	(48,849)
Warwickshire County Council - Young Carers Service	170,402	(162,815)	7,587
	309,899	(336,296)	(26,397)
	-	-	
TOTAL FUNDS	376,777	(462,338)	<u>(85,561</u>)

Notes to the Financial Statements - continued for the Year Ended 31 March 2019

12. MOVEMENT IN FUNDS - continued

Comparatives	for	movement	in	funds
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	At 1.4.17 £	Net movement in funds £	Transfers between funds £	At 31.3.18 £
Unrestricted Funds				
General fund Donations	110,210 21,115	(53,950) (5,905)	45,980 	102,240 15,210
	131,325	(59,855)	45,980	117,450
Restricted Funds				
Family Support	28,675	20,297	(3,373)	45,599
Henry Smith Charity	920	19,008	(6,126)	13,802
Big Lottery - Time 4 Us Warwickshire County Council - Young	41,366	18,070	(16,081)	43,355
Carers Service	_72,772	16,906	_(20,400)	_69,278
	143,733	74,281	(45,980)	172,034
				-
TOTAL FUNDS	275,058	14,426		289,484

Comparative net movement in funds, included in the above are as follows:

Unrestricted funds	Incoming resources £	Resources expended £	Movement in funds
General fund	39,686	(93,636)	(53,950)
Donations	21,782	(27,687)	(5,905)
	61,468	(121,323)	(59,855)
Restricted funds			
Family Support	45,858	(25,561)	20,297
Henry Smith Charity	42,300	(23,292)	19,008
Big Lottery - Time 4 Us	146,997	(128,927)	18,070
Warwickshire County Council - Young Carers Service	170,004	(153,098)	16,906
	405,159	(330,878)	74,281
		-	
TOTAL FUNDS	466,627	(452,201)	14,426

Notes to the Financial Statements - continued for the Year Ended 31 March 2019

12. MOVEMENT IN FUNDS - continued

Restricted funds:

- Warwickshire County Council

Funds the Young Carers Core Service

- Family Support

To provide Family Support Workers and associated costs and funded by the following Foundations:-- The Openwork Foundation- The Misses Barrie Charitable Trust- St James Place Charitable Trust- Cemex- Masonic Charitable Trust-

Midcounties Coop

- Big Lottery

Funds the Time4Us Project

- Henry Smith Charity

Funds for working with Primary and Secondary Schools in

Warwickshire

Designated funds:

- Donations

These donations have been designated for use on

Warwickshire Young Carers by the Trustees

Transfers between funds

The transfers between funds for the year represent:

£42,334 (2018: £45,980) for fees charged to restricted funds to cover administration and support workers' costs incurred on projects undertaken during the year.

£17,658 (2018: £nil) to cover the shortfall in funding from the National Lottery - Time 4 Us project.

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2019.